



Please fill out my intake form to the best of your ability, and sign the consent after reviewing each section

Consent for Massage Therapy

I am choosing to receive Massage therapy, and I consent to receive treatment. I have provided my therapist with all information regarding my health conditions I am aware of and will update my therapist of any changes in my health. I have read (and initialed where appropriate) each section of this intake form.

Signature of client

Date

For minors, please add the signature of a parent or legal guardian:

Signature

Relationship _____

Date

Client information

Name _____ Birth date _____
Address _____ Unit # _____
City _____ State _____ Zip _____
Phone: _____ Email _____
Occupation _____
Emergency Contact _____ phone _____
relationship _____
How did you hear about Massage For Seattle _____
Have you had massage therapy before _____ Approximate date of last massage _____
Goals for this massage session _____

Client basic health information

For section below, Check if Yes and please make comments below.

- Do you currently have a fever, infection, inflammation, skin rash, athlete's foot, warts, or other contagious disease?
- Do you currently have a headache, any muscle aches or pains?
- Are there any aches or medical complaints that you often have, but not right now?
- Are there any other problems or conditions with your muscles?
- Do you have any allergies?
- Are you pregnant, recently pregnant or nursing?

- Do you have any respiratory system conditions?
- Do you have any problems or conditions with your bones?
- Do you have any heart or circulatory system conditions?
- Do you have any problems or conditions with your immune system?
- Do you have any Endocrine system conditions?
- Do you have any nervous system conditions?
- Do you have any medical implants

Injuries, Surgeries, Major Illnesses - date and treatment provided:

current medications:

Self Care and Stress Reduction techniques:

Table temperature, and other adjustable considerations.

Adjustable arm rest etc.

If you like your arms forward and supported, please ask for the armrest to be adjusted.

Likewise, the face cradle is adjustable, eye pillows and body cushions are available, and the table can be set up so you can be semi-recumbent. My goal is that you are comfortable safe and secure.



Also, please let me know if you prefer the table to be warmer or cooler. I usually have it set above body temperature unless I know in advance to shut it off or raise it up. Adding a towel or blanket is also an option. Sadly, the room itself is not as easy to adjust.

Non-Standard Draping

I use standard draping techniques for most of my clients but I do some massage styles that call for non-standard draping. I also believe it is your right to be as comfortable as possible. Communication between you and your therapist is very important and having that communication prior to the massage is the most ethical way to approach this. Hence this form: a guide for discussion and a CYA for me for those clients who don't want to cover theirs.

Please consider your level of comfort and modesty and choose the draping style(s) that works best for you and allows you to have the minimal amount of clothes on to be comfortable. Naked under the sheets with standard draping should maintain both warmth and modestly. Please initial where appropriate. Do not request a less modest draping style after you are already on the table and under the top sheet unless you are having an emergency situation. That is, even if you want to begin with draping if you know you might not want the top sheet at some point, let me know **before** the massage begins. Removing your own sheet without prior consent is grounds to stop the massage.

Section A (Non Standard draping for Client comfort):

pg. 2 Massage for Seattle intake (revised Jan 2021).

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No draping at all. _____

Just like it says

Loose draping for warmth only. _____



Your draping preference is about maintaining warmth, but you like having the sheets looser and aren't concerned about inadvertent exposure of your body.

Other _____

Section B (Non-standard breast drape)



I use a breast drape for working on the abdomen of clients with breasts. Let me know if you **do not** want one used _____



Section C (Non-Standard for Lomi Lomi)

For my lomi clients I use a sarong as the drape. Most of the massage time it is folded up to cover the genitals or gluteal cleft, but at points it is fanned over and off the client. _____

If you want to maintain a bit more coverage while the sarong is fanned, a hand towel can be set under the sarong, so while the sarong is removed, the towel stays in place _____

For Lomi clients I generally do not use a breast drape. _____ If you want one please let me know. _____

Section D (SARGA Barefoot massage variation)

During a Sarga bodywork treatment I use what is often called a "diaper drape" technique. This allows me to access the tissues of the lower back, the glutes and thighs while still being comfortable and secure for you, without requiring me to get on and off the table multiple times. _____

Privacy Practices

The full policy is posted in the "About us" section of the Massage For Seattle Inc. website. The short version is:

Hardcopy records will be maintained in a confidential manner when not in use by the practitioner. Client records will be stored for a period of three years (pursuant to WAC 246-830-570) from the date of the client's most recent massage service at MFS. After three years the client records will be destroyed